



316 Blue Rock Road Millersville, PA 17551

We're So Fresh We're Still Growing!!!

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Product List

Not all items are stocked

Some require 24 / 48 hour notice

Please call for availability

Item Description	Stock	Break 1	Break 2
Apples Empire 100 CT	Case		
Apples Empire 88 CT	Case		
Apples Fuji 100 CT	Case		
Apples Fuji 88 CT	Case		
Apples Gold Delicious 12/3LB	Case		
Apples Gold Delicious East 100 CT	Case		
Apples Gold Delicious East 113 CT	Case		
Apples Gold Delicious East 72 CT	Case		
Apples Gold Delicious East 88 CT	Case		
Apples Gold Delicious WAXF 100 CT	Case		
Apples Gold Delicious WAXF 113 CT	Case		
Apples Gold Delicious WAXF 72 CT	Case		
Apples Gold Delicious WAXF 88 CT	Case		
Apples Granny Smith 100 CT	Case	Half	6 Pack
Apples Granny Smith 88 CT	Case		
Apples Macintosh 100 CT	Case		
Apples Red Delicious 12/3LB	Case		
Apples Red Delicious 125 CT	Case		
Apples Red Delicious East 100 CT	Case		
Apples Red Delicious East 113 CT	Case		
Apples Red Delicious East 150 CT	Case		
Apples Red Delicious East 198 CT	Case		
Apples Red Delicious East 72 CT	Case		
Apples Red Delicious East 88 CT	Case		
Apples Red Delicious WAXF 100 CT	Case	Half	6 Pack
Apples Red Delicious WAXF 113 CT	Case		
Apples Red Delicious WAXF 72 CT	Case		
Apples Red Delicious WAXF 88 CT	Case		
Apples Royal Gala 12/3LB	Case		
Apples Royal Gala East 100 CT	Case		
Apples Royal Gala West 100 CT	Case	Half	6 Pack
Apples Royal Gala West 88 CT	Case		
Apricots 24LB	Case		
Artichokes 24 CT	Case		
Arugula 24 Bunch	Case		
Arugula Baby	Case		
Asparagus Standard 11LB	Case	LB	
Asparagus Standard 28LB	Case		
Asparagus Tips 15LB	Case		
Avocados Haas 48 CT	Case	Half	Each
Bananas #1 40LB	Case		
Bananas Green	Case	Half	5LB
Bananas Green Tip	Case	Half	5LB

Item Description	Stock	Break 1	Break 2
Bananas No Gas 40LB	Case		
Bananas On Turn	Case	Half	5LB
Bananas Petite 150 CT	Case	Half	Each
Bananas Plantain 25LB	Case		
Bananas Ripe	Case	Half	5LB
Basil	LB		
Basil 4oz Clam Shell	Each		
Basil Crate	Case		
Basil Israeli 2.2kg	Case		
Beans French 5LB	Case		
Beans Green 25LB	Case		
Beans Snipped 10LB	Case		
Beans Yellow Wax 25LB	Case		
Blackberry 12 1/2 Pint	Case	Each	
Blueberries 12 1/2 Pint	Case	Half	Each
Blueberries 12 Pint	Case	Half	Each
Bok Choy 30LB	Case	5LB	
Broccoli 14 CT	Case	Half	Each
Broccoli Crowns 20LB	Case	Half	
Broccoli Rabe 20CT	Case		
Brocolini	Case		
Brussel Sprouts 25LB	Case		
Cabbage Coleslaw 12/1LB Retail	Case		
Cabbage Coleslaw 6/8oz	Case		
Cabbage Green Bag	Case		
Cabbage Green Bin	Bin		
Cabbage Green Carton	Case	Each	
Cabbage Napa	Case	5LB	
Cabbage Red	Case	Each	
Cantaloupe 12 CT	Case	Each	
Cantaloupe 15 CT	Case		
Cantaloupe 9 CT	Case		
Cantaloupe Eastern Shore Bin	Bin		
Carrots 10/5LB Calif	Case		
Carrots 10/5LB East	Case		
Carrots 16/3LB	Case		
Carrots 24/2LB	Case		
Carrots 48/1LB Calif	Case	Each	
Carrots 48/1LB East	Case	Each	
Carrots Baby 10/2LB	Case		
Carrots Baby 20/1LB	Case	Each	
Carrots Baby Slim 4/5LB	Case		
Carrots Baby With Tops	Case		

Looking for a specific item or size not listed? Please contact our customer service department for availability.

Item Description	Stock	Break 1	Break 2
Carrots Calif 50LB	Case		
Carrots Eastern 50LB	Case	Half	5LB
Carrots Top Large 24 CT	Case		
Cauliflower 12 CT	Case	Each	
Cauliflower 9 CT	Case		
Celery 24 CT	Case	Half	Each
Celery 30 CT	Case		
Celery 36 CT	Case		
Celery Root By The LB	LB		
Celery Sleeved 30CT	Case		
Cherries 10 Row	Case		
Cherries 9 Row	Case		
Chervil	Bunch		
Chives	LB		
Chives 4oz Clam Shell	Each		
Cilantro	Case	Bunch	
Clementines Gift Box	Case		
Collard Greens	Case		
Corn White Crate	Case		
Corn Yellow Crate	Case		
Cranberries 24/10oz	Case		
Cucumbers Pickles	Case		
Cucumbers Seedless 12 CT	Case	Each	
Cucumbers Select	Case	24ct	6 Pack
Cucumbers Super Select	Case		
Diakon	Case		
Dill	LB	Bunch	
Dill Crate 24 CT	Case		
Edible Orchids 100 CT	Case		
Eggplant Bushel	Case	Each	
Endive	Case	Each	
Endive Belgium 10LB	Case		
Escarole	Case	Each	
Eschalots Dry 10LB	Case		
Eschalots Dry 5LB	Case		
Eschalots Peeled 4/5LB	Case	Each	
Fennel	Case	Each	
Garlic 28LB	Case		
Garlic Clove Sleeve 12/2 PK	Case		
Garlic Colossal 28LB	Case	LB	
Garlic Super Colossal 28LB	Case		
Garlic Whole Peeled 4/5LB	Case	Each	
Ginger Root	Case	LB	

Item Description	Stock	Break 1	Break 2
Gold Beets 5LB	Case		
Grapefruit Red Fla 23 CT	Case		
Grapefruit Red Fla 27 CT	Case		
Grapefruit Red Fla 32 CT	Case		
Grapefruit Red Fla 36 CT	Case		
Grapefruit Red Fla 40 CT	Case	Half	6 Pack
Grapefruit Red Fla 48 CT	Case		
Grapefruit Red Fla 56 CT	Case		
Grapefruit White Fla 40 CT	Case		
Grapes Black Seedless 18LB	Case		
Grapes Holiday Red Seedless	Case		
Grapes Red Globe 18LB	Case		
Grapes Red Seedless 18LB	Case	Bag	
Grapes White Seedless 18LB	Case	Bag	
Honeydew 5 CT	Case		
Honeydew 6 CT	Case	Each	
Honeydew 8 CT	Case		
Horseradish Root	Case	5LB	10LB
Jicama	LB		
Kale Green	Case	Half	Each
Kale Red	Case	Half	Each
Kiwi 36 CT	Case		
Kiwi Bulk 108 CT	Case	6 Pack	
Leeks 12 CT	Case	Each	
Lemongrass	Bunch		
Lemons 115 CT	Case	Half	6 Pack
Lemons 140 CT	Case	Half	6 Pack
Lemons 165 CT	Case		
Lemons 200 CT	Case		
Lemons 75 CT	Case		
Lemons 95 CT	Case		
Lettuce American Salad 12/16oz	Case		
Lettuce Bibb 12 CT	Case		
Lettuce Boston 24 CT	Case		
Lettuce Boston Hydroponic 12 CT	Case		
Lettuce Caesar Salad 6/10oz	Case		
Lettuce Frisee	Case		
Lettuce Green Leaf 24 CT	Case	Half	Each
Lettuce Green Leaf Fillets 10LB	Case		
Lettuce Iceberg Cello 24 CT	Case	Half	Each
Lettuce Iceberg Food Service 24 CT	Case		
Lettuce Iceberg Naked 24 CT	Case	Half	
Lettuce Italian Salad 6/10oz	Case		

Looking for a specific item or size not listed? Please contact our customer service department for availability.

Item Description	Stock	Break 1	Break 2
Lettuce Mache	Case		
Lettuce Red Leaf 24 CT	Case	Half	Each
Lettuce Romaine 24 CT	Case	Half	Each
Lettuce Romaine Fillets 10LB	Case		
Lettuce Romaine Hearts 12/3 PK	Case		
Lettuce Spring Mix 3LB	Case		
Limes 48 CT	Case	Half	6 Pack
Mangos 9 CT	Case		
Marjoram	Bunch		
Mint	LB	Bunch	
Mushrooms 10/8oz Pack	Case		
Mushrooms 10LB Medium	Case	Half	
Mushrooms Baby Portabella 5LB	Case		
Mushrooms Baby Portabella Caps 5LB	Case		
Mushrooms Button 10LB	Case		
Mushrooms Cello Sliced 12/8oz	Case		
Mushrooms Crimini 5LB	Case		
Mushrooms Crimini Sliced 5LB	Case		
Mushrooms Enoki 6/3.5oz	Case		
Mushrooms Fancy 3LB	Case		
Mushrooms Fancy Sliced 3LB	Case		
Mushrooms Oyster 3LB	Case		
Mushrooms Portabella Caps Large 5LB	Case		
Mushrooms Portabella Caps Medium 5LB	Case		
Mushrooms Portabella Large 5LB	Case		
Mushrooms Portabella Medium 5LB	Case		
Mushrooms Shiitake 3LB	Case		
Mushrooms Shiitake XL 3LB	Case		
Mushrooms Silver Dollar 10LB	Case		
Mushrooms Sliced 10LB	Case		
Mushrooms Special 3LB	Case		
Mushrooms Stuffer 10LB	Case		
Mushrooms Thin Sliced 10LB	Case		
Nectarines 60-70 CT	Case		
Okra	Case	LB	
Onions Colossal 50LB	Case		
Onions Green 48 CT	Case	Half	6 Pack
Onions Large White 50LB	Case		
Onions Pearl 12/1LB	Case		
Onions Red Large 25LB	Case	5LB	
Onions Red Medium 25LB	Case		
Onions Super Colossal 50LB	Case		
Onions Sweet 40LB	Case	5LB	

Item Description	Stock	Break 1	Break 2
Onions Vidalia 40LB	Case	5LB	
Onions Yellow 16/3LB	Case		
Onions Yellow Large 50LB	Case	Half	5LB
Onions Yellow Medium 50LB	Case		
Oranges Amber Sweet Fla 80 CT	Case		
Oranges Blood 44 CT	Case		
Oranges Juice 10/4 LB Bags	Case		
Oranges Juice Fla 100 CT	Case		
Oranges Juice Fla 125 CT	Case		
Oranges Juice Fla 80 CT	Case		
Oranges Navel 88 CT	Case		
Oranges Navel Calif 113 CT	Case		
Oranges Navel Calif 48 CT	Case		
Oranges Navel Calif 56 CT	Case		
Oranges Navel Calif 72 CT	Case		
Oranges Navel Calif 88 CT	Case	Half	6 Pack
Oranges Navel Fla 100 CT	Case		
Oranges Navel Fla 125 CT	Case		
Oranges Navel Fla 56 CT	Case		
Oranges Navel Fla 64 CT	Case		
Oranges Navel Fla 80 CT	Case	Half	6 Pack
Oranges Temple 64 CT	Case		
Oranges Valencia 100 CT	Case		
Oranges Valencia 113 CT	Case		
Oranges Valencia 56 CT	Case		
Oranges Valencia 64 CT	Case		
Oranges Valencia 72 CT	Case		
Oranges Valencia 80 CT	Case		
Oranges Valencia 88 CT	Case	Half	6 Pack
Oregano	Bunch		
Papayas 9 CT	Case		
Parsley 60 CT	Case	Bunch	
Parsley Italian 30 CT	Case	Bunch	
Parsnip 20LB	Case		
Peaches 25LB	Case		
Pears Anjou 100 CT	Case		
Pears Anjou 110 CT	Case		
Pears Anjou 120 CT	Case	6 Pack	
Pears Anjou 135 CT	Case		
Pears Anjou 90 CT	Case		
Pears Anjou Red 40 CT	Case		
Pears Bartlett 100 CT	Case		
Pears Bartlett 120 CT	Case	6 Pack	

Looking for a specific item or size not listed? Please contact our customer service department for availability.

Item Description	Stock	Break 1	Break 2
Pears Bartlett 135 CT	Case		
Pears Bartlett 90 CT	Case		
Pears Bartlett Red 40-45CT	Case		
Pears Bosc 100 CT	Case		
Peas Snap 10LB	Case		
Peas Snow 10LB	Case	5LB	
Peppers Anaheim	Case		
Peppers Cubanelle	Case		
Peppers Green Extra Large	Case		
Peppers Green Large	Case	Half	6 Pack
Peppers Green Medium	Case		
Peppers Habanero 10LB	Case		
Peppers Jalapeño 10LB	Case	LB	
Peppers Medley (R/Y/G) 11#	Case		
Peppers Orange 11LB	Case		
Peppers Poblano	Case		
Peppers Red	Case	5LB	Each
Peppers Suntan	Case		
Peppers Yellow 11LB	Case	Each	
Pineapple Golden Sweet 5 CT	Case		
Pineapple Golden Sweet 6 CT	Case	Each	
Pineapple Golden Sweet 7 CT	Case		
Pineapple Golden Sweet 8 CT	Case		
Plums Black	Case		
Plums Prune	Case		
Plums Red	Case		
Potatoes 10/5LB Idaho	Case		
Potatoes 10/5LB Russet	Case		
Potatoes 100 CT Foil	Case	Each	
Potatoes 100 CT Idaho	Case		
Potatoes 100 CT Russet	Case		
Potatoes 10LB	Case		
Potatoes 110 CT Russet	Case		
Potatoes 120 CT Idaho	Case		
Potatoes 120 CT Russet	Case		
Potatoes 40 CT Idaho	Case		
Potatoes 40 CT Russet	Case		
Potatoes 50 CT Idaho	Case		
Potatoes 50 CT Russet	Case		
Potatoes 60 CT Idaho	Case		
Potatoes 60 CT Russet	Case		
Potatoes 70 CT Idaho	Case		
Potatoes 70 CT Russet	Case		

Item Description	Stock	Break 1	Break 2
Potatoes 80 CT Idaho	Case		
Potatoes 80 CT Russet	Case		
Potatoes 90 CT Idaho	Case	Half	Each
Potatoes 90 CT Russet	Case		
Potatoes Chef 50LB	Case		
Potatoes Fingerling 20LB	Case		
Potatoes Idaho #2 50LB	Case		
Potatoes PEI #1 50LB	Case		
Potatoes PEI Chef 50LB	Case		
Potatoes Red 10/5LB	Case	Each	
Potatoes Red A 50LB	Case	10LB	
Potatoes Red B 50LB	Case	10LB	
Potatoes Red C 50LB	Case		
Potatoes Sweet #1 20LB	Case		
Potatoes Sweet Medium 40LB	Case		
Potatoes White 10/5LB	Case	Each	
Potatoes White 5/10LB	Case	Each	
Potatoes White 50LB #1	Case		
Potatoes White 50LB #2	Case		
Potatoes White A 50LB	Case	10LB	
Potatoes White B 50LB	Case		
Potatoes White C 50LB	Case		
Potatoes White Unclassified 50LB	Case		
Potatoes Yukon Gold 50LB	Case		
Radicchio 9 CT	Case		
Radish 14/1LB	Case		
Radish 30/6oz	Case	Each	
Radish Top 24 CT	Case		
Red Beets	Case		
Red Beets Baby 5LB	Case		
Red Raspberry Driscoll 1/2 Pint	Case	Half	Each
Rhubarb 20LB	Case		
Rosemary	LB	Bunch	
Rutabagas 40LB	Case		
Sage	LB	Bunch	
Savory	Bunch		
Snow Pea Shoots	Case		
Sorrel	Bunch		
Spearment 4oz Clam	Each		
Spinach Baby	Case		
Spinach Bushel 18LB	Case		
Spinach Cello 12/10oz	Case	Each	
Spinach Triple Wash 4/2.5LB	Case		

Looking for a specific item or size not listed? Please contact our customer service department for availability.

Item Description	Stock	Break 1	Break 2
Sprouts Alfalfa 12/4oz Cup	Case	Each	
Sprouts Alfalfa Bulk 5LB	Case		
Sprouts Bean 5LB	Case		
Sprouts Broccoli 6/4oz	Case		
Squash Acorn 40LB	Case		
Squash Baby Patty Pan 5LB	Case		
Squash Butternut 40LB	Case		
Squash Green Baby 5LB	Case		
Squash Green Fancy 18LB	Case		
Squash Green Medium 18LB	Case	6 Pack	
Squash Spaghetti	Case		
Squash Yellow Baby 5LB	Case		
Squash Yellow Fancy 18LB	Case		
Squash Yellow Medium 18LB	Case	6 Pack	
Starfruit	Case		
Stem Strawberries	Case		
Strawberries Calif 12 Pint	Case		
Strawberries Calif Clamshell 8/1LB	Case	Half	Each
Strawberries Driscoll 12 Pint	Case		
Strawberries Driscoll Clamshell 8/1LB	Case		
Strawberries Florida 12 Pint	Case		
Strawberries Florida Clamshell 8/1LB	Case	Half	Each
Swiss Chard Red 20LB	Case		
Tangelos Calif 80 CT	Case		
Tangelos Fla 100 CT	Case		
Tangelos Fla 64 CT	Case		
Tangelos Fla 80 CT	Case		
Tangerines 100 CT	Case		
Tangerines 120 CT	Case		
Tangerines 150 CT	Case		
Tangerines Honey 100 CT	Case		
Tangerines Honey 120 CT	Case		
Tangerines Honey 150 CT	Case		
Tarragon	Bunch		
Thyme	LB	Bunch	
Tomatoes #2	Case		
Tomatoes 5x6 25LB	Case	10LB	
Tomatoes 5x6 Vine Ripe 25LB	Case		
Tomatoes 6x6 25LB	Case	10LB	
Tomatoes 6x6 Vine Ripe 25LB	Case		
Tomatoes Beefsteak 15LB	Case		
Tomatoes Cherry 12 Pint	Case	Half	Each
Tomatoes Cluster 11LB	Case		

Item Description	Stock	Break 1	Break 2
Tomatoes Grape 12 Pint	Case	Half	Each
Tomatoes Hot House 15LB	Case		
Tomatoes Roma 25LB	Case	5LB	
Tomatoes Sun Dried 5LB	Each		
Tomatoes Yellow	Case		
Turnip Baby 5LB	Case		
Turnips 25LB	Case		
Watercress 24 CT	Case		
Watermelon Seeded Bin	Bin	Each	
Watermelon Seeded Each	Each		
Watermelon Seedless Bin	Bin	Each	
Watermelon Seedless Each	Each		
Yams Jumbo 40LB	Case		
Yams Large 40LB	Case	10LB	
Yams Medium	Case		
<u>Pre-Cut Items</u>			
Apple Grins 100/2.0oz (Sunkist)	Case		
Apples Peeled And Cored 10LB	Case		
Apples Sliced 10LB	Case		
Broccoli Florets 4/3LB	Case	3LB	
Cabbage Diced Fine W/ Carrot 1/8" Cut	Case	5LB	
Cabbage Diced Slaw 4/5LB	Case	5LB	
Cabbage Shredded Red 4/5LB	Case	5LB	
Cabbage Shredded Slaw W/Carrot 4/5LB	Case	5LB	
Cantaloupe Chunks 1 Gallon (5LB)	Each		
Cantaloupe Chunks 4 Gallon (20LB)	Each		
Carrots Coin Cut 4/5LB	Case	5LB	
Carrots Diced 4/5LB	Case	5LB	
Carrots Shredded 4/5LB	Case	5LB	
Carrots Snack Pack 1.3oz	Case		
Carrots Sticks 4/5LB	Case	5LB	
Cauliflower Florets 4/3LB	Case	3LB	
Celery Diced 4/5LB	Case	5LB	
Celery Sticks 4/5LB	Case	5LB	
Fruit Salad 1 Gal (5LB)	Each		
Fruit Salad 4 Gal (20LB)	Each		
Grape Giggles 100/2.0oz (Sunkist)	Case		
Grape/Apple Buddies 100/2.3oz (Sunkist)	Case		
Honeydew Chunks 1 Gallon (5LB)	Each		
Lettuce Romaine Chopped 6/2LB	Case	2LB	
Lettuce Salad Italian 4/2.5LB	Case		
Lettuce Salad Mix 4/5LB	Case	5LB	

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Item Description	Stock	Break 1	Break 2
Lettuce Salad W/ Romaine 4/5LB	Case	5LB	
Lettuce Shredded 4/5LB	Case	5LB	
Onions Diced 4/5LB	Case	5LB	
Onions Red Diced 1/5LB	Case		
Onions Red Sliced 1/5LB	Case		
Onions Sliced 4/5LB	Case	5LB	
Onions Whole-Peeled 1/5LB	Case		
Orange Smiles 50/4.7oz (Sunkist)	Case		
Peppers Green Diced 2/2.5LB	Case		
Peppers Green Sliced 2/2.5LB	Case		
Peppers Red Diced 2/2.5LB	Case		
Peppers Red Sliced 2/2.5LB	Case		
Pineapple Chunks 1 Gallon (5LB)	Each		
Pineapple Cleaned & Cored	Each		
Pineapple Pals 50/2.7oz (Sunkist)	Case		
Potatoes Diced 30LB	Case		
Potatoes French Fries 30LB	Case		
Potatoes Sliced 30LB	Case		
Potatoes Whole Rough Peeled 30LB	Case		
Potatoes Whole-Peeled 30LB	Case		
Radish Cleaned & Trimmed 2/5LB	Case		
Squash Green Sliced 1/5LB	LB		
Squash Yellow Sliced 1/5LB	LB		
Tomatoes Diced 1/5LB	LB		
Tomatoes Sliced	LB		
Watermelon Chunks 1 Gallon (5LB)	Each		
Watermelon Chunks 4 Gallon (20LB)	Each		

Other Items

Eggs Diced 4/5 LB	LB
Eggs 15 Dozen Large	Case
Eggs Hard Boiled 20 LB Bucket	Case
Margarine Solids 30/1 LB	Case
Mayonnaise Extra Heavy 4/1 Gallon	Case
Mayonnaise Extra Heavy 4g Tub	Case
Fryer Oil 35 LB	Case

Item Description	Stock	Break 1	Break 2
<u>Salts, Peppers, Seasonings, & Spices</u>			
Black Pepper (Fine) 16oz	Each		
Black Pepper (Fine) 5 LB	Each		
Black Pepper (Gourmet) 16oz	Each		
Black Pepper (Gourmet) 5 LB	Each		
White Pepper (Fine) 16oz	Each		
White Pepper (Fine) 5 LB	Each		
Pickle Spears Bucket	Case		
Celery Salt 32oz	Each		
Celery Salt 5 LB	Each		
Garlic Salt 32oz	Each		
Garlic Salt 5 LB	Each		
Onion Salt 32oz	Each		
Onion Salt 5 LB	Each		
Seasoning Salt 32oz	Each		
Seasoning Salt 5 LB	Each		
Cajun Seasoning (Mild) 16oz	Each		
Italian Seasoning 16oz	Each		
Poultry Seasoning 16oz	Each		
Seafood Seasoning 23oz	Each		
Taco Seasoning 16oz	Each		
Basil Whole 5oz	Each		
Cayenne Red Pepper 16oz	Each		
Chili Powder 16oz	Each		
Cinnamon Ground 16oz	Each		
Cinnamon Ground 5 LB	Each		
Garlic Granulated 16oz	Each		
Garlic Granulated 5 LB	Each		
Garlic Powder 16oz	Each		
Garlic Powder 5 LB	Each		
Oregano Whole 6oz	Each		
Paprika Spanish 16oz	Each		
Paprika Spanish 5 LB	Each		
Paprika Spanish 50# Bag	Each		
Parsley Flakes 16oz	Each		
Parsley Flakes 5 LB	Each		
Red Pepper Crushed 15oz	Each		